

Total Antioxidant Capacity (T-AOC) Colorimetric Assay Kit (ABTS, Enzyme Method)

Catalog No: E-BC-K219-M

Method: Colorimetric method

Specification: 96T (Can detect 80 samples without duplication)

Instrument: Microplate reader

Sensitivity: 0.047 mmol/L

Detection range: 0.047-1.50 mmol/L

- ▶ Please kindly provide us the lot number (on the outside of the box) of the kit for more efficient service.

General information

▲ Intended use

The kit is used for the determination of total antioxidant capacity (T-AOC) in serum, plasma, tissue, cells or other sample.

▲ Background

There are two kinds of antioxidant system, one is enzyme antioxidant system, including superoxide dismutase (SOD), catalase (CAT), glutathione peroxidase (GSH-Px). The other is non-enzymatic antioxidant systems, including uric acid, vitamin C, vitamin E, glutathione, bilirubin, α -lipoic acid, carotenoid. Antioxidant capacity is thought to be the cumulative effect of all antioxidants in blood and body fluids.

▲ Detection principle

The principle of the ABTS method for determining the T-AOC is as follows. ABTS is oxidized to green ABTS⁺ by appropriate oxidant, which can be inhibited if there exist antioxidants. The T-AOC of the sample can be determined and calculated by measuring the absorbance of ABTS⁺ at 414 nm or 734 nm. Trolox is an analog of VE and has a similar antioxidant capacity to that of VE. Trolox is used as a reference for other antioxidant antioxidants. For example, the T-AOC of Trolox is 1, then the antioxidant capacity of the other substance with the same concentration is showed by the ratio of its antioxidant capacity to Trolox antioxidant capacity.

▲ Kit components & storage

| Item | Component | Specification | Storage |
|-----------|--|-----------------|------------------------------------|
| Reagent 1 | Buffer Solution | 24 mL × 1 vial | 2-8°C , 6 months |
| Reagent 2 | ABTS Solution | 1 mL × 1 vial | 2-8°C , 6 months, shading light |
| Reagent 3 | H ₂ O ₂ Solution | 0.5 mL × 1 vial | 2-8°C , 6 months |
| Reagent 4 | Peroxidase | 0.2 mL × 1 vial | 2-8°C , 6 months |
| Reagent 5 | 5 mmol/L Trolox Standard | 0.6 mL × 1 vial | -20°C , 6 months, shading light |
| | Microplate | 96 wells | No requirement |
| | Plate Sealer | 2 pieces | |

Note: The reagents must be stored strictly according to the preservation conditions in the above table. The reagents in different kits cannot be mixed with each other.

▲ Materials prepared by users

Instruments

Microplate reader(405-425 nm), Micropipettor.

Consumptive material

Tips (10 μ L, 200 μ L, 1000 μ L), EP tubes (1.5 mL, 2 mL).

Reagents

Double distilled water, Normal saline (0.9% NaCl), PBS (0.01 M, pH 7.4), 80% Ethanol.

▲ Safety data

Some of the reagents in the kit contain dangerous substances. It should be avoided to touch the skin and clothing. Wash immediately with plenty of water if touching it carelessly. All the samples and waste material should be treated according to the relevant rules of laboratory's biosafety.

▲ Precautions

Before the experiment, please read the instructions carefully, and wear gloves and work clothes.

▲ The key point of the assay

ABTS working solution should be stored at room temperature with shading light and run out in 30 min.

Pre-assay preparation

▲ Reagent preparation

1. Preparation of reagent 3 application solution:
Dilute reagent 3 with double distilled water at a ratio of 1:39. Prepare the fresh solution before use.
2. Preparation of ABTS working solution:
Prepare the needed amount of ABTS working solution according to the ratio (reagent 1: reagent 2: reagent 3 application solution = 152:10:8). Store the prepared solution at room temperature with shading light and run out in 30 min.
3. Preparation of reagent 4 application solution:
Dilute reagent 4 with reagent 1 at ratio of 1:9 before use. Prepare the fresh solution before use.

▲ Sample preparation

The samples should be prepared as conventional methods. Also please refer to appendix II.

Sample requirements

1. Samples should not contain decontamination agents such as SDS, Tween-20, NP-40, Triton, nor reductive reagents such as DTT, 2- mercaptoethanol.
2. Plasma sample can't be anticoagulated with EDTA and sodium citrate. Heparin is recommended as the anticoagulant.

▲ Dilution of sample

It is recommended to take 2~3 samples with expected large difference to do pre-experiment before formal experiment and dilute the sample according to the result of the pre-experiment and the detection range (0.047-1.50 mmol/L).

The recommended dilution factor for different samples is as follows (for reference only)

| Sample type | Dilution factor |
|---|-----------------|
| 10% Rat brain tissue homogenization | 1 |
| 10% Rat liver tissue homogenization | 1 |
| 10% Rat kidney tissue homogenization | 1 |
| 10% Epipremnum aureum tissue homogenization | 1 |
| Human serum | 1 |
| Human saliva | 1 |
| Human urine | 1 |
| Rat serum | 1 |

Note: When the sample was water-soluble, the diluent is PBS (0.01 M, pH 7.4); When the sample is insoluble, the diluent is 80% ethanol.

| Assay protocol | |
|------------------------------|---------|
| Ambient temperature | 25-30°C |
| Optimum detection wavelength | 414 nm |

Instructions for the use of transferpettor:

- (1) Equilibrate the pipette tip in that reagent before pipetting each reagent.
- (2) Don't add the liquid outside the tips into the reaction system when pipetting each reagent.

Assay protocol

▲ Plate set up

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| A | A | A | S1 | S9 | S17 | S25 | S33 | S41 | S49 | S57 | S65 | S73 |
| B | B | B | S2 | S10 | S18 | S26 | S34 | S42 | S50 | S58 | S66 | S74 |
| C | C | C | S3 | S11 | S19 | S27 | S35 | S43 | S51 | S59 | S67 | S75 |
| D | D | D | S4 | S12 | S20 | S28 | S36 | S44 | S52 | S60 | S68 | S76 |
| E | E | E | S5 | S13 | S21 | S29 | S37 | S45 | S53 | S61 | S69 | S77 |
| F | F | F | S6 | S14 | S22 | S30 | S38 | S46 | S54 | S62 | S70 | S78 |
| G | G | G | S7 | S15 | S23 | S31 | S39 | S47 | S55 | S63 | S71 | S79 |
| H | H | H | S8 | S16 | S24 | S32 | S40 | S48 | S56 | S64 | S72 | S80 |

Note: A, blank well; B-H, standard wells; S1-S80, sample wells.

▲ Operating steps

The preparation of standard curve

Dilute 5 mmol/L Trolox Standard with PBS or 80% ethanol to a serial concentration. The recommended dilution gradient is as follows: 0, 0.2, 0.4, 0.6, 0.8, 1, 1.25, 1.5 mmol/L. (If the sample to be tested is water-soluble, dilute the standard with PBS. If the sample to be tested is water-insoluble, dilute the standard with 80% ethanol.)

The measurement of samples

1. **Standard well:** Add 10 μL of standard with different concentration to the wells.
Sample well: Add 10 μL of sample to the wells.
2. Add 20 μL of reagent 4 application solution to each well of step 1.
3. Add 170 μL of ABTS working solution to each well of step 2.
4. Mix fully and stand for 6 min at room temperature. Measure the OD values of each well at 414 nm with Microplate reader.

▲ Operation table

| | Standard well | Sample well |
|---|---------------|-------------|
| Trolox standard with different concentrations (μL) | 10 | |
| Sample (μL) | | 10 |
| Reagent 4 application solution (μL) | 20 | 20 |
| ABTS working solution (μL) | 170 | 170 |
| Mix fully and stand for 6 min at room temperature. Measure the OD values of each well at 414 nm with Microplate reader. | | |

▲ Calculation

Plot the standard curve by using OD value of standard and correspondent concentration as y-axis and x-axis respectively. Create the standard curve with graph software (or EXCEL). The concentration of the sample can be calculated according to the formula based on the OD value of sample. If the sample have been diluted, the concentration calculated from the standard curve must be multiplied by the dilution factor. The actual concentration is the calculated concentration multiplied by dilution factor.

The standard curve is: $y = ax + b$.

1. Serum (plasma) and other liquid sample:

$$\text{T-AOC}(\text{mmol/L}) = (A_{414} - b) \div a \times f$$

2. Tissue and cells sample:

$$\text{T-AOC}(\text{mmol/gprot}) = (A_{414} - b) \div a \div C_{pr} \times f$$

Note:

y: The average OD value of standard

x: The concentration of standard

a: The slope of standard curve

b: The intercept of standard curve

A_{414} : Average OD of sample

f: Dilution factor of sample before test

C_{pr} : Concentration of protein in sample (gprot/L)

▲ Notes

1. This kit is for research use only.
2. Instructions should be followed strictly, changes of operation may result in unreliable results.
3. The validity of kit is 6 months.
4. Do not use components from different batches of kit.

Appendix I Performance characteristics

| Appendix I Performance characteristics | | | |
|--|-------------------|----------------------------|-----|
| Detection range | 0.047-1.50 mmol/L | Average intra-assay CV (%) | 2.2 |
| Sensitivity | 0.047 mmol/L | Average inter-assay CV (%) | 4.1 |
| Average recovery rate (%) | 101 | | |

▲ Example analysis

Take 10 μ L of human serum, carry the assay according to the operation table.

The results are as follows:

standard curve: $y = -1.122x + 1.7172$, the average OD value of the sample is 0.863, and the calculation result is:

$$T-AOC(\text{mmol/L}) = (0.863 - 1.7172) \div (-1.122) = 0.76 \text{ mmol/L}$$

Appendix II Sample preparation

The following sample pretreatment methods are for reference only.

▲ Serum

Collect fresh blood and stand at 25°C for 30 min to clot the blood. Then centrifuge at 2000 g for 15 min at 4°C . Take the serum (which is the upper light yellow clarified liquid layer) to preserve it on ice for detection. If not detected on the same day, the serum can be stored at -80°C for a month.

▲ Plasma

Take fresh blood into the tube which has anticoagulant (heparin is recommended), centrifuge at 1000-2000 g for 10 min at 4°C . Take the plasma (which is the upper light yellow clarified liquid layer, don't take white blood cells and platelets in the middle layer) to preserve it on ice for detection. If not detected on the same day, the plasma can be stored at -80°C for a month.

▲ Urine

Collect fresh urine and centrifuge at 10000 g for 15 min at 4°C . Take the supernatant to preserve it on ice for detection. If not detected on the same day, the urine can be stored at -80°C for a month.

▲ Tissue sample

Take 0.02-1g fresh tissue to wash with homogenization medium at 2-8°C to remove blood cells. Absorb the water with filter paper and weigh. Homogenize at the ratio of the volume of homogenized medium (2-8°C) (mL): the weight of the tissue (g) =9:1, then centrifuge the tissue homogenate for 10 min at 10000 g at 4°C . Take the supernatant to preserve it on ice for detection. Meanwhile, determine the protein concentration of supernatant (E-BC-K318-M). If not detected on the same day, the tissue sample (without homogenization) can be stored at -80°C for a month.

▲ Cells

Collect the cells and wash the cells with homogenization medium for 1~2 times. Centrifuge at 1000 g for 10 min and then discard the supernatant and keep the cell sediment. Add homogenization medium at a ratio of cell number (10^6): homogenization medium (μL) =1: 300-500. Sonicate or grind with hand-operated in ice water bath. Centrifuge at 1500 g for 10 min, then take the supernatant and preserve it on ice for detection. Meanwhile, determine the protein concentration of supernatant (E-BC-K318-M). If not detected on the same day, the cells sample (without homogenization) can be stored at -80°C for a month.

Note:

1. Homogenized medium: PBS (0.01 M, pH 7.4) or 0.9% NaCl.
2. Homogenized method:
 - (1) Hand-operated: Weigh the tissue and mince to small pieces (1 mm^3), then put the tissues pieces to glass homogenized tube. Add homogenized medium into homogenized tube, place the tube into the ice bath with left hand, and insert the glass tamping rod vertically into the homogenized tube with the right hand to grind up and down for 6-8 min.

Or put the tissue into the mortar, and add liquid nitrogen to grind fully. Then add the homogenized medium to homogenize.
 - (2) Mechanical homogenate: Weigh the tissue to EP tube, add the homogenized medium to homogenize the tissue with homogenizer instrument (60 Hz, 90s) in the ice bath. (For samples of skin, muscle and plant tissue, the time of homogenization can be properly prolonged.)
 - (3) Ultrasonication: Treat the cells with ultrasonic cell disruptor (200 W, 2 s/ time, interval for 3 s, the total time is 10 min).

▲ Notes for sample

1. Please predict the concentration before assaying. If the sample concentration is not within the range of the standard curve, users must determine the optimal sample dilutions for their particular experiments.
2. If the sample type is not included in the manual, a preliminary experiment is suggested to verify the validity.
3. If a lysis buffer is used to prepare tissue or cell homogenates, there is a possibility of causing a deviation due to the introduced chemical substance.

Appendix III References

1. Sies H. Physiological Society Symposium: Impaired Endothelial and Smooth Muscle Cell Function in Oxidative Stress - Oxidative Stress: Oxidants and Antioxidants. *Experimental Physiology*, 1997, 82: 291-295.
2. Bartosz G. Total antioxidant capacity. *Advances in Clinical Chemistry*, 2003, 37(37): 219-272.
3. Smith R, Vantman D, Ponce J, et al. Andrology: Total antioxidant capacity of human seminal plasma. *Human Reproduction*, 1996, 11(8): 1655-1660.